

APNO Monthly Newsletter

June 2011



Monthly Meeting Notice

DATE: Tuesday, June 14, 2011

TIME: 6:00-6:30 Social Networking
6:30-7:00 Business Meeting
7:00-- Presentation

TOPIC: The Clinical Benefits and Economic Value of V.A.C.
Therapy

SPEAKER: Dr. Michael Desvigne
Medical Director, Wound Management
CORE Institute, Arizona

WHERE: Ocean Zen
600 E Battlefield

RSVP: Mike Hanley- (417)894-2923 or email
mike.hanley@kci1.com (RSVP by 6/6/2011)

APNO President's Corner

Devastating...heart breaking...gut wrenching...utter disbelief...I was working at St. John's Springfield when the news came in. Sitting down in the ER admitting a patient the news came in just minutes after the EF 5 tornado devastated Joplin, and our sister hospital St. John's-Joplin took a direct hit. The news was horrific and the hospital immediately went into disaster mode, but I noticed something change in my surroundings. All the complaining stopped, teamwork kicked into high gear and immediately people started volunteering to stay extra hours and signed up for extra shifts. Everyone was helping out their co-workers to get things done and take care of the patients already in the ER to make room for those who would be coming in. The response I saw that night in the ER and in the following days since

President's Corner (continued)

the disaster has impressed me. It has made me proud to be a nurse, to put everything aside and help those in need. Isn't that why we picked this profession...to help those in need? There are several ways for us to help and one of the ways is by signing up for ShowMe Response at www.showmeresponse.org. This is a database for health care professionals interested in helping during times of need around the state. It is voluntary and if called you do not have to commit to responding, if you can then they can put your skills to use assisting those in need. Keep praying for our friends, family and colleagues...

On a lighter note...I regretted missing May's meeting and Wendy's talk!! I hear everything went well and have no doubt that Wendy did a great job. I missed the meeting due to being at the annual Society of Hospital Medicine conference in Dallas, TX. I got to rub elbows with 2300 hospitalists from around the country. During the first day of the conference, one of the first keynote speakers during the plenary session was Dr. Cecil Wilson, president of the American Medical Association. During his speech he touched on a topic near and dear to our hearts. He advocated for healthcare professionals to be able to practice to the fullest extent of their training without restriction, and for healthcare professionals to work together to improve patient access to care and quality of care. Hmm, sounds somewhat familiar to the IOM report on the Future of Nursing doesn't it...Although he did not elaborate any further on the subject, I take this as a step forward. This was a powerful message to a large group of mainly physicians and from a person to whom is head of their professional organization. I am encouraged...maybe the tide is turning for the future of nursing...in particular advanced practice nursing! Have a wonderful month!

MONA Update – Sharon Giboney

The Missouri legislative session has ended for 2011. The MONA office has posted an End of Session Report from MONA Lobbyist, Kyna Iman.

Summer is great time to get to know your legislators. Invite them to visit your Clinic and learn what services nurse practitioners provide and share with them your barriers to practice. Offer to be a resource to them regarding questions about nurse practitioners, barriers to practice, general health care issues and how these issues may affect you, your practice and your patients. Remember to offer support to them on bills they may sponsor that you also support. Make your self and your profession known to them. Remember "party lines" do not exist when contacting your legislators. It is acceptable to contact a legislator who represents another party than the one you align yourself with. It is also acceptable to contact legislators who do not represent you. Let them know you have patients who are their constituents----they will listen.

The new legislative session starts January 4, 2012. Plan to attend APRN Day at the Capitol in 2012. MONA is our **VOICE** in the legislative arena.. If you are not a member please consider joining. There is strength in numbers.

Your APNO Board

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Job Opportunities

The Child Advocacy Center of Springfield is expanding and starting a satellite facility in West Plains. There is a need for a contract nurse practitioner in the West Plains area. This position is PRN and will require SAFE training. There will be some travel days to Springfield and possibly other locations for training. The NP will be responsible for all the SAFE and CARE exams on pediatric population.

If interested please contact:

Cindy Tull, MSN, RN, FNP-C
Family Nurse Practitioner
Child Advocacy Center, INC
1033 E. Walnut St.
Springfield, MO 65806
417-831-2327
fax 417-831-5122

Networking Update

Many things are in the works at the Missouri State Level as well as the National front. MONA, MOCAP and many others are beginning to work on making improvements regarding mileage limitations placed on advanced practice nurses and their collaborating partners as well as chart audit/reviews. We will provide more information as it becomes available.

SB 724 has not been promulgated as of yet. BNDD has the system in place and at this time there is funding to maintain the program. At last notice, the rules are to be promulgated around September 2011. The Missouri State Board of Nursing will provide confirmation as it becomes available. **DO NOT** apply for DEA or BNDD numbers until notified. These entities will be happy to take your money without refunding if proper process has not been followed. Again, the Missouri State Board of Nursing will be making official notification as it becomes available.

2011 EVENTS CALENDAR, Missouri Legislature

May

- 13 Last day of Session – ends at 6 p.m.
- 13 Maurice Schulte Retirement Party (53 years of service) – Bone's – 6 p.m.
- 17 Jay Swearingen Reception – 1327 Burlington – North KC – 5:30-7 p.m.
- 18 Ryan Silvey Reception – 127 West Circle – Jefferson City – 5-7 p.m.19 Kurt Schaefer
Golf – Eagle Knoll Golf Club – Hartsburg – 9am start
- 19 Shane Schoeller Reception – JCCC – 5-7 p.m.
- 20 Billy Pat Wright Golf – Hidden Trails Country Club – Dexter
- 20 Dave Hinson Golf – Meramec Lakes Golf Course – St. Clair
- 20 Sylvester Taylor Golf – Mid Rivers Golf Course – St. Peters – 11:30 a.m.21 Ron Richard
Reception – Joplin
- 26 Tim Jones Reception – MalMaison – St. Albans - 6-9 p.m.29 Little Rock Express Steam
Excursion begins in Kansas City (The steam train arrives in JC May 31 at 2:10pm; will be
available for viewing June 1, 10:00am to 6:00pm; and leaves June 2 at 8:00am.)

June

- 2 Mo Senate Campaign Committee Reception – Bar Napoli – Clayton – 5-6:30 p.m.
- 2 HRCC/Tim Jones Reception – J Buck's Restaurant – St. Louis – 5-7 p.m.
- 3 Scott Rupp Golf – Bear Creek Golf Club – Wentzville – 10 a.m.9 MO Chamber
PAC Golf – Eagle Knoll Golf Course – Hartsburg
- 9 Little Rock Express Steam Excursion ends in Little Rock, Arkansas
- 11 Don Gosen Wine & Beer Tasting w/ BBQ & music – Hermann, MO – 2-6 p.m.15 Ellen
Bandom Reception – J Buck's Restaurant – Clayton – 5:30-7 p.m.
- 17 MO Democratic Jefferson – Jackson Dinner – St. Louis
- 22 HRCC Night at the Ballpark – details to come
- 25 Dan Brown Picnic & Music – Rolla Band Shell – 6 p.m.27 Fran Ward Golf – The Cove
at Lodge of Four Seasons – Lake Ozarks

July

- 11 Mike Parson Golf – Silo Ridge Golf Club – Bolivar – 10 a.m.11 Jay Wasson Reception
– location & time TBD
- 12 Tom Flanigan Golf – Carthage Golf Course
- 12 Ron Richard – 4th Street Bowling Lanes – Joplin – 6 p.m.

12 Ellen Brandom Golf – Sikeston Country Club
13 Steve Tilley Golf – Eagle Lake Golf Course – Farmington – 11 a.m. – 6 p.m.18 Missouri
Insurance Coalition PAC Golf – Redfield Golf Course – Eugene
22 Steve Hodges Golf – Charleston Country Club
25 Lincoln Hough Golf – Highland Springs Country Club - Springfield
28-30 HRCC Summer Caucus – Hilton Hotel – Branson Landing

August

3-6 ALEC Conference – Marriott Hotel – New Orleans, LA – (Missouri Night – Aug. 5)
8-11 NCSL Conference – San Antonio, TX – (Missouri Night – Aug. 10)
22 Jay Barnes Golf – Railwood Golf Club – Holts Summit

September

9 Joe Fallert Golf – Ste. Genevieve Golf Club
13 Mike Cierpiot Reception – MCTA office – 4:30- 6:00 p.m.
14 Marsha Haefner Breakfast – MCTA office – 7:30-9 a.m.14 Veto Session
20 Chuck Gatschenberger Golf – Lake Forest Country Club – Lake St. Louis – 11:00 a.m.26
Jeanie Riddle Golf – Meadow Lake Acres Country Club – New Bloomfield – 8am
30 Kevin Engler Golf – St. Francis Country Club - Farmington

October

11 Missouri Golf Awareness Day & Tournament – Jefferson City Country Club
2012 –Calendar of Events

January

9 Gary Cross Reception NCAA Football National Championship Watch Party – Bone's –
6-8 p.m.

April

2 Mike Cierpiot Reception & NCAA Watch Party – Bone's Restaurant – 6:30-8 p.m.

For information, it is recommended that you contact Kyna Iman at kynaiman@earthlink.net

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The following summit is being offered by the Missouri Nurses Association on June 28th, 2011. It really has the potential to be a very important event. We need to have as many APRNs present as possible to contribute to the process as possible.

The Missouri Nurses Association is planning a one day Teamwork Summit open to anyone that has a stake in the future of nursing in Missouri. This summit will focus on moving forward with the Institute of Medicine (IOM) Future of Nursing Initiative. The main areas to be addressed will be:

- Education
- Practice
- Leadership
- Workplace

<http://www.missourinurses.org/displaycommon.cfm?an=1&subarticlenbr=145>

Member Spotlight

MENTAL HEALTH CARE AT THE VA

By Marilyn Corson MHNP

I have been asked to write about my role at the Veterans Administration Mental Health clinic in Mt. Vernon, Mo. I have been a member of APNO since 2002 and greatly respect each and every one of you who deliver excellent care to your patients. (I have never met an APN who didn't provide excellent care). I have worked for the VA since 2007 and have been an APN since 2002.

Obviously every clinic setting has its unique population. While I treat all mental health disorders and combinations of these, the most prevalent diagnosis is Post Traumatic Stress Disorder. For those of you who missed the outstanding presentation on PTSD given by Ginny Jones, PMHNP at the annual 2010 APNO conference I will give a recap and link you to additional information. I am sure that, like I did, you see more veterans with PTSD than you realize.

PTSD is a response to traumatic events, often causing long term effects that interfere with daily living. Signs of PTSD include bad dreams, anger outbursts and irritability, scary thoughts your can't control, avoiding places, people and things that remind you of what happened, feeling worried, guilty or sad, feeling alone, trouble sleeping, thoughts of hurting yourself or others. Treatments include individual therapy, group therapy, family and couples therapy and medication. Obviously as APNs we have all been traumatized to some extent, so are you ready to sign up?

Veterans can sign up by going to <http://www.va.gov> to complete an on-line application for service. On that website there is information about OIF/OEF (Operation Iraqi Freedom and Operation Enduring Freedom), Vocational Rehabilitation & employment, Homeless Veterans services, Military Services Benefits, Minority Vets, Survivor Spouses and Dependents and Women Vets. There is the VA Crisis line 1-800-273-TALK(8255) Press 1 and links to Crisis Centers. There is a VA blog and they are on Facebook, Twitter, Flickr and You Tube. Who knew?

Recently the VA and Department of Defense have developed a free Smart Phone application entitled PTSD Coach which is designed to manage readjustment challenges and give anonymous assistance. It is also designed to enhance services that the veterans are getting through the VA. Ginny also tells me that there is a Mindfulness app. which is like a relaxation tape. I wouldn't know because I don't even like to turn on my cell phone. Bottom line, we have help for you and for your vets. marilyn.corson@va.gov