

# APNO Monthly Newsletter

April 2011



## Monthly Meeting Notice

DATE: Tuesday April 12, 2011  
TIME: 6:00-6:30 Social Networking  
6:30-7:00 Business Meeting  
7:00-- Presentation  
TOPIC: Achieving Lipid and A1C Goals  
SPEAKER: David Gardner M.D.  
WHERE: Flame Steakhouse  
314 W. Walnut  
RSVP: email [rebecca\\_seigel@merck.com](mailto:rebecca_seigel@merck.com)

## APNO President's Corner – Melissa Dixon

It is with great sadness that I announce the resignation of Paula Maize as the webmaster for APNO. Personal and professional obligations have led to this decision. Paula has served the organization well and has been involved since she was a student, and was named the APNO Advanced Practice Nurse of the year in 2010. In addition to being the webmaster, she continues to serve on the Conference Committee. Paula did a fantastic job updating the website last year and also has pioneered the monthly newsletter. Her involvement on the Executive Board will be sorely missed. It has been a privilege to serve with her this past year on

the Executive Board. Thank you Paula for all you have done for APNO. Michelle Swofford has graciously agreed to take Paula's place as the webmaster until elections this coming fall. With that said, if anyone is interested in assisting Michelle with the website and newsletter please let her know. If anyone is interested in running for the webmaster position this coming fall please let me or Janice Jones know as well. APNO is only as strong as its membership and being involved either as an officer or on a committee strengthens our organization.

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## A Message to APNO Members:

It has been my honor and pleasure to serve as an APNO officer since 2003. During that time, I have gotten to know so many of you and have been richer for the experience. For personal reasons, I have asked the APNO Board to accept my resignation as Website Administrator and they have graciously accepted.

Michelle Swofford has thankfully agreed to step in to complete my term. I will be surprised if she does not do a better job than I have at this post. I will continue to be an active member of APNO and to serve on the conference planning committee. I look forward to seeing everyone at the monthly meetings and the annual conference.

Paula Maize

## APNO President's Corner (continued)

It's officially spring time and I am gearing up for a season of conferences. April brings the MONA Advanced Practice Nursing Conference with our own David LaFavers speaking. We will also be attending the quarterly MOCAP meeting as well as MONA SIG meeting. If you are available April 6-8<sup>th</sup>, I encourage you to come. We all get numerous solicitations for conferences so please pass the information on to us so we can post it for others to see. You may get information on a conference that I may be interested in attending, so let's help each other out and share!! You can also now register for the APNO Conference this coming November. Visit the

website to see what the conference has to offer this year and to get registered!! You will want to book your room early this too to ensure the group discount. This year we are offering a ENT workshop in addition to the two pre-conferences we usually offer, but it is limited to 30 participants, so again you will want to register early!! I am also pleased to announce that we will be having Wendy Wright back this year for a pre-conference and several sessions as well. I hope to see you all there!! I look forward to seeing each of you at the meeting this month!! Remember, if you have suggestions, questions or concerns I am here and am ready to listen!!

## Annual Conference Update – Kim McGinn-Perryman

For the thirteenth year in a row, APNO will be presenting “APN's – Caring Cradle to Grave” in Branson at the Chateau on the Lake. This year's conference will be held a little later, November 10<sup>th</sup>-12<sup>th</sup>. We hope you come and take advantage of the excellent educational opportunities and all the holiday shopping possibilities that Branson has to offer!

This year we are excited to have Wendy Wright returning as our keynote speaker, as well as a host of other experts. We are again offering two three-hour preconference sessions on Thursday afternoon for in-depth learning. In addition, we are excited to present a hands-on workshop on ENT assessment from 11am – 2 pm on Thursday. Be sure to register early, because the ENT session is limited to the first 30 participants. Online registration is now open, and we've already had two registrations completed before March is even over!

PLEASE NOTE: In an effort to save money and “go green”, we are no longer going to print and mail our full-color 6 page brochure to Missouri APN's as we have done in the past. Instead, a larger color reminder postcard will be mailed to our complete mailing list of 25,000+ APN's in the Midwest. Online registration is encouraged, but a printable version of the brochure will be available on the website if you prefer to mail in your registration.

## Update from the Secretary – Shanna DeWater

Greetings! There are lots of exciting things happening this spring for Nurse Practitioners in Missouri. The MONA sponsored conference entitled Coming Together in Advanced Practice is April 7 & 8, 2011 at the Holiday Inn Executive Center in Columbia, Missouri. You can still register by calling the MONA office at 573-636-4623.

The Scholarship committee is completed at this time. Sharon Giboney, Laura Hediger, Cindy Hollis, Tim and I are the members. We will have a meeting in April. After that, the scholarship applications will be emailed out to the Missouri APN schools. We will give out a couple of scholarships this year.

In other exciting news, I have been working with MONA to educate our Missouri legislatures. I have developed binders to hand out to them starting the last week of April. The MO-CAP (Missouri Council of Advanced Practice Nurses) will vote on the educational materials at our quarterly meeting at the MONA conference. Weekly educational handouts will include what APNs are, what we do, the IOM report, what collaborative practice agreements are, and the barriers for APNs in performing the care that we are educated to give.

Two Doctorate Students from Northeast Missouri, I and the MONA lobbyist, Kyna Inman are planning a luncheon with all the legislatures in May to further educate them. It is amazing that the voice that APNs have when we unite together. Two weeks ago, the Board of Healing Arts introduced a bill into legislation that would prohibit anyone other than a MD or DO from calling themselves a “Doctor” or “Dr”. This would have impacted any Doctoral educated people – including psychologists, clergy, optometrists, APNs, professors, audiologists, etc. After an intensive weekend of phone calls, emails, by Monday morning at 10:00 am, they had already removed this verbage from the bill. It is time for all Missouri APNs to unite their voices and be more vocal about the changes that need to take place. I think everyone will be amazed at the impact we can have.

## Networking Update – David LaFevers

### Missouri Senate Bill 303

Many thanks to those that responded for our call to respond to MO SB 303 on March 12<sup>th</sup>. The language was amended. It is believed that the change in the Bill's language was in partial response to APRN's sending words of encouragement to their elected representatives. The response that was received was viewed as being good. relative to the very short period between being notified of and when the bill was to going to be moved on. Good job!

### The FTC is weighing in on APRN issues

The Federal Trade Commission expressed support for a state bill introduced by Rep. Daphne Campbell, D-Miami, that would allow Florida's nurse practitioners to practice at their full scope. The bill "would benefit Florida consumers by facilitating the provision of lower cost and more accessible health care services," the FTC wrote in a letter to Campbell

<http://www.sunshinestateneews.com/story/ftc-letter-bolsters-nurse-practitioners-case>

### Missouri Bill Tracking Report as of 3/17/11

The following URL link will take you to MONA's site for tracking current Missouri Bills.  
(<http://www.missourinurses.org/displaycommon.cfm?an=1&subarticlenbr=76>)

### Networking Notes

*(This section is brought to you by members of the Networking committee. We are bringing you news and perspective about our profession and the people and patients that we work with and care for.)*

Limited access to health care is a major concern for people who live in rural areas of Missouri. A Rural Health Clinic (RHC) is a medical clinic located in a rural, under-served area. The Rural Health Clinics Services Act of 1977 required collaborative practices to include mid-level providers, such as nurse practitioners, (NP's). This act came about as an effort to increase primary care services to Medicaid and Medicare patients. Rural Health Clinics must be located in a non-urban, rural area with current health care shortage designations. RHC'S can be for profit, not-for-profit, private or public.

Nurse practitioners can and do make a difference in the rural healthcare setting. Using nurse practitioners in rural clinics delivers high quality and cost effective care that results in high patient satisfaction. Rural clinics increase access to primary health care and to NP's, as well as provide a good example of reform in action. Among their primary duties, NP's diagnose and treat patients for acute illnesses as well as chronic conditions. NP's provide a scope of health services in the rural area such as: pediatrics, adult medicine, gynecology, health screening, health education, mental health, minor surgery and emergency medicine.

Nurse practitioners in rural and remote areas are often expected to take advanced practice responsibilities. These responsibilities are fulfilling roles that include a broad scope of practice. Some of the challenges for health care delivery in a rural setting include: lack of health insurance; access for patients and providers to specialist services; the physical distances between services and patients; socio-cultural barriers; and psychosocial issues associated with seeking care.

Making a difference to the health and well-being of entire communities brings its own personal and professional rewards for a Nurse Practitioner whom chooses to work in a rural health setting. Whatever the future may bring, they are used to switching gears, wearing multiple hats and overcoming obstacles. Nurse Practitioners seem tailor-made for the challenge.

Marcella Campbell RN PhD FNP-BC



# Your APNO Board

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## Job Opportunities

FDC Nephrology is looking for an APN to help with dialysis rounds. The schedule is very flexible. No nephrology or dialysis experience is required. If you are interested or would like more information, please send me an email:

[kellie.robertson@mana.md](mailto:kellie.robertson@mana.md).

Kellie Robertson APN, NP-C  
Fayetteville Diagnostic Clinic  
Nephrology  
Fayetteville, AR

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1 Full-time, day shift NP position to work with Mt. Vernon Clinic.

1 Full-time, day shift NP position to work with Bolivar-Polk County Clinic. Bolivar, MO

Ozarks Community Hospital is characterized by a close-knit staff and family like atmosphere that will welcome you to the organization.

Please apply by sending us your application and/or resume. Applications and resumes can be submitted through our website at <http://ochonline.com/healthcare-opportunities/online-application/>. Otherwise, you may submit application materials via email, fax, mail, or in-person at the North National location.

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