

## OBJECTIVES AND TARGET AUDIENCE

Objectives for this conference:

- Discuss selected clinical practice topics
- Network with other healthcare professionals
- Explore diverse professional issues

The conference is targeted at pediatric, family and women's health advanced practice nurses and current APN students. Participants are encouraged to combine business with pleasure in the scenic Ozark Mountains of Branson, Missouri.

## ACCREDITATION

Advanced Practice Nurses of the Ozarks is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Each pre-conference is approved for 3 contact hours. Friday and Saturday have been approved for a maximum of 10.6 contact hours. To receive a Certificate of Attendance and successful completion for contact hours, the participant must attend 80 percent of the scheduled session, complete all program requirements, and complete a program evaluation.

## REGISTRATION and CANCELLATION INFORMATION

Early registration is encouraged. Registration fee includes syllabus material, breakfast Friday and Saturday and lunch on Friday. **Credit cards can now be accepted through our online registration at [www.apno.net](http://www.apno.net)!** A full refund of the registration fee, less a \$50 administrative fee, will be granted if the cancellation is made on or before September 1, 2009. **Confirmation notices will be sent by email.** If you have questions regarding the conference or your registration, please contact Nicole Harden at 417-818-3179, visit our website at [www.apno.net](http://www.apno.net) or e-mail [conference@apno.net](mailto:conference@apno.net).

APNO reserves the right to substitute a qualified speaker or change the conference agenda as needed. APNO reserves the right to cancel this conference and return all registration fees. The liability of APNO is limited to the course fee. APNO will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits.

Out of courtesy to participants, infants and children may not attend conference educational sessions. Only paid registrants may attend conference sessions. **Payment of an additional guest fee will allow guests to participate in all meals and breaks. No partial guest fees allowed.**

## ACCOMMODATIONS

Make room reservations by calling Chateau on the Lake at 1-888-333-LAKE. APNO has reserved a block of rooms, with special rates before 9/1/09. Identify yourself as a participant of the APNO conference to receive reduced rates. Accommodations will be made on a space available basis only. We encourage you to make your reservations early, as this is a busy time of the year for the hotel.

Traditional room (2 double beds) - \$159

Chateau King - \$189

For information on Branson entertainment, call the Branson Chamber of Commerce/Convention Visitor's Bureau at 417-334-4084.



## CONFERENCE SESSIONS AND FACULTY

### **THURSDAY, OCTOBER 1, 2009**

OPTIONAL PRE-CONFERENCE 1 (Total contact hours 3)

#### ***Issues and Options in Wound Care***

Speakers: Larry Chase, MD, FACE, CWS, FCCWS, Kris Torgerson, BSN, ACHRN, Cox Hyperbaric Medicine and Wound Care Center; Springfield, Missouri

Summary: This session focuses on evaluation and treatment of various types of wounds. Specific assessment and description techniques, treatment options including selection of dressings, how to appropriately diagnose infections, debridement options, and adjunctive therapies will be discussed.

OPTIONAL PRE-CONFERENCE 2 (Total contact hours 3)

#### ***Orthopedic Assessments***

Speaker: Stephen Benz MD, Tesson Heights Orthopedics  
St. Louis, Missouri.

Summary: This session will discuss the presentation, physical findings and treatment of common orthopedic problems. Demonstration and hands on practice of examinations and injection techniques will occur. Session size limited.

### **FRIDAY, OCTOBER 2, 2009**

GENERAL SESSION (Total contact hours 1.2)

#### ***The Future of Advanced Practice Nursing***

Speaker: Thad Wilson, RN, PhD, FNP-BC, Associate Dean, University of Missouri- Kansas City  
Kansas City, Missouri

Summary: This presentation will discuss current and future opportunities for Advanced Practice Nursing and the role of local and national professional organizations for Nurse Practitioners.

CONCURRENT SESSION #1 (Total contact hours 1.2)

#### ***A. New Options in Contraception***

Speaker: Elizabeth Fahey, MSN, RN, WHNP-BC, Instructor, Department of Nursing Missouri State University  
Springfield, Missouri

Summary: A discussion of the most recent contraceptive options, with focus on continuous contraception and long acting contraceptives for today's woman.

#### ***B. Pediatric Diabetes***

Speaker: Beth Woodward, MS(N), RN, CPNP, CDE, Children's Mercy Hospitals and Clinics  
Kansas City, Missouri

Summary: This presentation will discuss insulin pump therapy and continuous glucose monitoring. Indications for referral to diabetic specialty care will be discussed.

#### ***C. Treatment Options for Varicose Veins***

Speaker: Charles Dunn, MD, FACS, Crighton, Olive, Dunn Surgical Group  
Springfield, Missouri

Summary: Explore the diagnosis and treatment options for lower extremity venous reflux disease.

CONCURRENT SESSION #2 (Total contact hours 1.2)

#### ***A. International Healthcare Experiences***

Speaker: Thad Wilson, RN, PhD, FNP-BC, Associate Dean, University of Missouri- Kansas City  
Kansas City, Missouri

Summary: This session will explore the pitfalls and rewards of healthcare practice experiences in other countries.

#### ***B. Female Athletic Triad***

Speaker: Amy Hite MSN, FNP-BC, ONC, Pittsburg State University  
Pittsburg, Kansas

Summary: Participants will learn about diagnostic criteria and treatment options for the female athletic triad, which includes osteoporosis, amenorrhea, and disordered eating.

#### ***C. Current Practices in HIV/AIDS Management***

Speaker: Maithe Enriquez, RN, PhD, Assistant Professor, University of Missouri-Kansas City, Director, PhD in  
Nursing Program  
Kansas City, Missouri

Summary: Identify current screening and testing guidelines, treatment strategies, and referral sources for access to HIV care.

CONCURRENT SESSION # 3 (Total contact hours 1.2)

#### ***A. Meeting the Challenge of Safely and Legally Prescribing Controlled Substances***

Speaker: Scott Collier, BA, Criminal Justice, Diversion Program Manager, DEA  
St. Louis, Missouri

Summary: A representative of the Drug Enforcement Agency will discuss issues surrounding the prescription of controlled substances including recognition of behaviors which may indicate drug seeking behavior.

#### ***B. Pediatric Murmurs***

Speaker: Linda Risley, RN, MSN, CPNP, Children's Mercy Hospitals and Clinics  
Kansas City, Missouri

Summary: The pediatric cardiovascular exam including differentiating innocent vs. pathologic murmurs and their management including diagnostic testing and indications for referral.

#### ***C. Bariatric Surgery***

Speakers: Chris Edwards, MD, Medical Director, St. John's Bariatric Surgery  
Springfield, Missouri

Summary: Discuss eligibility criteria for bariatric surgery, surgical options and long-term sequelae.

GENERAL SESSION (Total contact hours 1.2)

***Disaster Preparedness***

Speaker: GeorgeAnn Griessinger, MS, FNP, CNM, Family and Occupational Medicine of Monett  
Monett, Missouri

Summary: This session will identify basic categories of disasters, the phases of emergency management, and the available resources for patients and healthcare providers.

**SATURDAY, OCTOBER 3, 2009**

CONCURRENT SESSION #4 (Total contact hours 1.2)

***A. Dietary Management of Chronic Kidney Disease, What in the World Can I Eat?***

Speaker: Ellen Griffin, RDLD, Renal Dietician, Fresenius Medical Care  
Catherine H. York, MSN, APRN-BC, Springfield Nephrology Associates, Springfield, Missouri

Summary: Discuss the importance of and strategies for dietary management of Chronic Kidney Disease.

***B. Pediatric Migraines***

Speaker: Eric Pina Garza, MD Associate Professor of Pediatrics and Neurology; Director Residency Program,  
Children's Hospital, Vanderbilt University  
Nashville, Tennessee

Summary: Discuss the unique features of pediatric migraines including diagnosis and treatment options for children with migraines.

***C. Meeting the Challenge of Treatment Resistant Depression***

Speaker: Nancy Price, FNP, Psychiatric and Mental Health Nurse Practitioner  
Joplin, Missouri

Summary: Discuss diagnosis and intervention for treatment resistant depression.

CONCURRENT SESSION #5 (Total contact hours 1.2)

***A.. Atypical Antipsychotics***

Speaker: Nancy Price, FNP, Psychiatric and Mental Health Nurse Practitioner  
Joplin, Missouri

Summary: This presentation will focus on the use of atypical antipsychotic medications for patients of various ages. Risks and benefits of specific medications will be discussed including appropriate monitoring for desired and adverse effects.

***B. Pediatric Seizures***

Speaker: Eric Pina Garza, MD Associate Professor of Pediatrics and Neurology; Director Residency Program,  
Children's Hospital, Vanderbilt University  
Nashville, Tennessee

Summary: Evaluation, diagnostic testing, and treatment modalities of pediatric seizure disorders will be presented.

***C. Who is Watching NP documentation and Why***

Speaker: Carolyn Buppert, MSN, JD, Attorney, Law Office of Carolyn Buppert, P.C.  
Bethesda, Maryland

Summary: Discussion of who reviews NP documentation, what they are looking for, and consequences of findings.

GENERAL SESSION (Total contact hours 1.2)

***Malpractice Pitfalls***

Speaker: Carolyn Buppert, MSN, JD, Attorney, Law Office of Carolyn Buppert, P.C.  
Bethesda, Maryland

Summary: A review of malpractice elements with strategies for decreasing your risk.

# Advanced Practices Nurses: Caring Cradle to Grave

## Thursday, October 1st - Saturday, October 3rd, 2009

### REGISTRATION FORM

**Please print:**

Name	(_____)_____
Mailing address	Daytime phone
City	State
ZIP code	APNO member ID number (required for APNO rate)
E-mail address	

Please check here if you **do not** authorize release of your demographic information, including mailing and e-mail addresses, in the conference syllabus.

### SESSION SELECTION:

To allow adequate accommodations, please review attached conference schedule and check which offerings you are planning to attend:

#### Thursday, October 1, 2009 - Optional Pre-Conferences (additional \$85 fee per session. Includes one box meal 5:00 – 6:00 pm)

- 2:00 pm – 5:00 pm      Preconference 1: Issues and Options in Wound Care
- 6:00 pm – 9:00 pm      Preconference 2: Orthopedic Assessments

#### Friday, October 2, 2009

- |                       |                            |                            |                            |
|-----------------------|----------------------------|----------------------------|----------------------------|
| Concurrent Session #1 | <input type="checkbox"/> A | <input type="checkbox"/> B | <input type="checkbox"/> C |
| Concurrent Session #2 | <input type="checkbox"/> A | <input type="checkbox"/> B | <input type="checkbox"/> C |
| Concurrent Session #3 | <input type="checkbox"/> A | <input type="checkbox"/> B | <input type="checkbox"/> C |

I will \_\_\_\_\_ will not \_\_\_\_\_ be attending the reception/poster session on Friday night from 5:00 - 6:00 pm

#### Saturday, October 3, 2009

- |                       |                            |                            |                            |
|-----------------------|----------------------------|----------------------------|----------------------------|
| Concurrent Session #4 | <input type="checkbox"/> A | <input type="checkbox"/> B | <input type="checkbox"/> C |
| Concurrent Session #5 | <input type="checkbox"/> A | <input type="checkbox"/> B | <input type="checkbox"/> C |

### CONFERENCE FEES:

OPTIONAL PRE-CONFERENCE 1 (2:00 pm – 5:00 pm)	\$ 85	
OPTIONAL PRE-CONFERENCE 2 (6:00 pm – 9:00 pm)	\$ 85	

#### CONFERENCE – FRIDAY AND SATURDAY

- |  |       |  |
|--|-------|--|
| <input type="checkbox"/> APNO member (dues must be paid by 5/1/09) | \$250 |  |
| <input type="checkbox"/> Non – APNO member                         | \$325 |  |
| <input type="checkbox"/> Student                                   | \$200 |  |
| <input type="checkbox"/> Poster Presenter                          | \$145 |  |
| <input type="checkbox"/> Guest fee * _____                         | \$ 95 |  |

Guest name

**TOTAL PARTICIPANT FEES:** \$ \_\_\_\_\_

**NEW—\$50 EARLY REGISTRATION DISCOUNT AVAILABLE** **- \$ 50**  
 (REGISTRATION **MUST** BE POSTMARKED **BEFORE 9/2/09**)

**TOTAL FEE INCLUDED WITH REGISTRATION:** \$ \_\_\_\_\_

- \* Guests may attend all meals and breaks for a fee of \$95.
- \* Only paid registrants may attend sessions.
- \* Participants who require special accommodations, please contact Nicole Harden at conference@apno.net or 417-818-3179

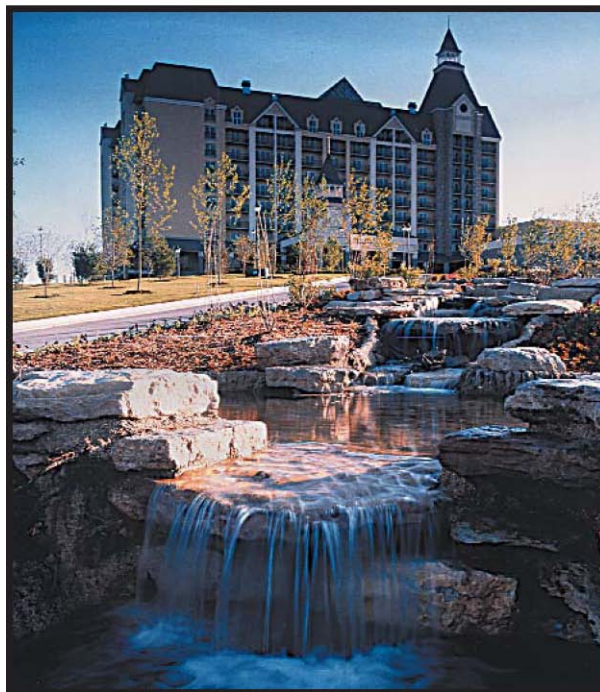
Return completed registration form and full payment to: APNO P.O. Box 3216, Springfield, MO 65808

# *Advanced Practice Nurses: Caring Cradle to Grave*



*October 1 - 3, 2009  
Thursday through Saturday*

**Chateau on the Lake  
415 N. State Hwy. 265  
Branson, Missouri**



APNO  
Advanced Practice Nurses of the Ozarks  
PO Box 3216  
Springfield, MO 65808

ADVANCED PRACTICE NURSES OF THE OZARKS

PRSR STD  
U.S. POSTAGE  
PAID  
SPRINGFIELD, MO  
PERMIT NO. 616