

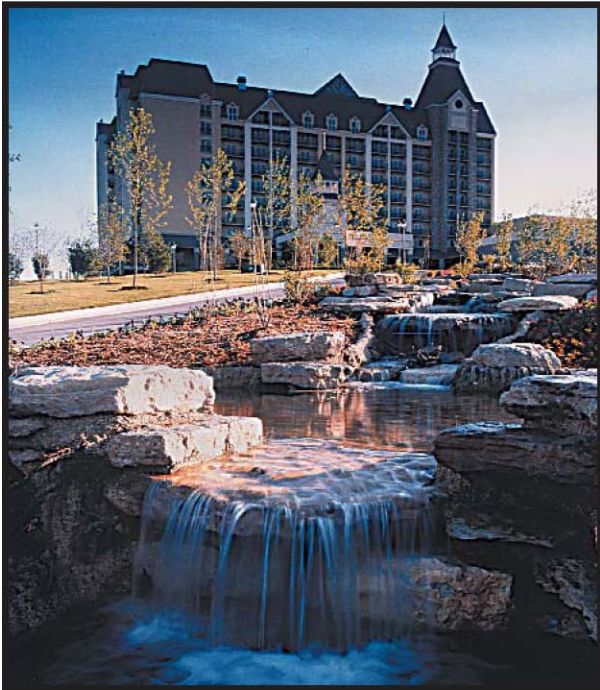


Advanced Practice Nurses: Caring Cradle to Grave



*October 2 - 4, 2008
Thursday through Saturday*

**Chateau on the Lake
415 N. State Hwy. 265
Branson, Missouri**



APNO
Advanced Practice Nurses of the Ozarks
PO Box 3216
Springfield, MO 65808
ADVANCED PRACTICE NURSES OF THE OZARKS



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OBJECTIVES AND TARGET AUDIENCE

Objectives for this conference:

- Discuss selected clinical practice topics
- Network with other healthcare professionals
- Explore diverse professional issues

The conference is targeted at pediatric, family and women's health advanced practice nurses and current APN students. Participants are encouraged to combine business with pleasure in the scenic Ozark Mountains of Branson, Missouri.

ACCREDITATION

Advanced Practice Nurses of the Ozarks is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Each pre-conference is approved for 3 contact hours. Friday and Saturday have been approved for a maximum of 10.6 contact hours. To receive a Certificate of Attendance and successful completion for contact hours, the participant must attend 80 percent of the scheduled session, complete all program requirements, and return a completed program evaluation form.

REGISTRATION and CANCELLATION INFORMATION

Early registration is encouraged. Registration fee includes syllabus material, breakfast Friday and Saturday and lunch on Friday. **Credit cards can now be accepted through our online registration at www.apno.net!** A full refund of the registration fee, less a \$50 administrative fee, will be granted if the cancellation is made on or before September 2, 2008. **Confirmation notices will be sent by mail.** If you have questions regarding the conference or your registration, please contact Nicole Harden at **417-818-3179**, visit our website at www.apno.net or e-mail conference@apno.net.

APNO reserves the right to substitute a qualified speaker or change the conference agenda as needed. APNO reserves the right to cancel this conference and return all registration fees. The liability of APNO is limited to the course fee. APNO will not be responsible for any losses incurred by registrants including, but not limited to, airline cancellation charges or hotel deposits.

Out of courtesy to participants, infants and children may not attend conference educational sessions. **Payment of an additional guest fee will allow guests to participate in all meals and breaks. No partial guest fees allowed.**

ACCOMMODATIONS

Make room reservations by calling Chateau on the Lake at 1-888-333-LAKE. APNO has reserved a block of rooms with special rates available before 9/2/08. Identify yourself as a participant of the APNO conference to receive reduced rates. Accommodations will be made on a space available basis only. We encourage you to make your reservations early, as this is a busy time of the year for the hotel.

Traditional room (2 double beds) - \$159

Chateau King - \$189

For information on Branson entertainment, call the Branson Chamber of Commerce/Convention Visitor's Bureau at 417-334-4084.

OPTIONAL PRE-CONFERENCE

Thursday, October 2, 2008

12:00 p.m. - 9:00 p.m.	Registration
2:00 p.m. - 5:00 p.m.	Pre-conference 1 - Common Dermatologic Procedures ***Limited to the first 40 registrants***
5:00 p.m. - 6:00 p.m.	Box Meal for Pre-Conference Participants ONLY
6:00 p.m. - 9:00 p.m.	Pre-conference 2 - Osteoarthritis vs. Rheumatoid Arthritis: Key Points in the Differential Diagnosis

CONFERENCE SCHEDULE

Friday, October 3, 2008

7:15 a.m. - 8:15 a.m.	Registration and Continental Breakfast
8:15 a.m. - 8:25 a.m.	Welcome and Announcements
8:25 a.m. - 9:40 a.m.	General Session Living in Balance: Strategies for Optimal Living
9:50 a.m. - 11:05 a.m.	General Session Negotiating Contracts, Salaries and Practice Agreements
11:05 a.m. - 11:35 a.m.	Break in Vendor Hall
11:35 a.m. - 12:50 p.m.	Concurrent Session #1 A. The Basics of Chronic Non-Cancer Pain Management B. Evaluation and Management of the Limping Child C. Herbal and Dietary Therapies in Women's Health
12:50 p.m. - 2:00 p.m.	Lunch (provided)
2:00 p.m. - 3:15 p.m.	Concurrent Session #2 A. Evidence Based Approach to Complementary/Alternative Therapies in Mental Health B. Medical Nutrition Therapy in Diabetes for the Primary Care Provider C. Childhood Obesity and Pulmonary Health
3:15 p.m. - 3:45 p.m.	Break in Vendor Hall
3:45 p.m. - 5:00 p.m.	Concurrent Session #3 A. Coronary Artery Disease in Women B. Chronic Kidney Disease: An Overview C. The Spectrum of Neuromuscular Disorders in Children and Adolescents
5:00 p.m. - 6:00 p.m.	Poster Session
5:00 p.m. - 6:00 p.m.	10 th Annual Conference Anniversary Reception

Saturday, October 4, 2008

7:15 a.m. - 8:15 a.m.	Registration and Hot Breakfast Buffet
8:15 a.m. - 9:30 a.m.	Concurrent Session #4 A. Evaluation of Vomiting in Children: The Differential Diagnosis B. The Continuing Challenge of MRSA C. Planning for Safety: Strategies for Addressing the Needs of Victims of Interpersonal Violence
9:40 a.m. - 10:55 a.m.	Concurrent Session #5 A. Ethical Issues in Dementia B. Alcoholism and Substance Abuse in Children and Adolescents C. ASCUS about the New Pap Guidelines
10:55 a.m. - 11:25 a.m.	Break in Vendor Hall
11:25 a.m. - 12:40 p.m.	General Session Influenza Update 2008
12:40 p.m.	Closing and Evaluations

Advanced Practice Nurses: Caring Cradle to Grave

Thursday, October 2nd - Saturday, October 4th, 2008

REGISTRATION FORM

Please print:

Name

Mailing address

City

State

ZIP code

E-mail address

Daytime phone

APNO member ID number (required for APNO rate)

Please check here if you **do not** authorize release of your demographic information, including mailing and e-mail addresses, in the conference syllabus.

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SESSION SELECTION:

To allow adequate accommodations, please review attached conference schedule and check which offerings you are planning to attend:

Thursday, October 2, 2008 - Optional Pre-Conferences (additional \$85 fee per session. Includes one box meal 5:00 – 6:00 p.m.)

- 1) 2:00 p.m. – 5:00 p.m. Common Dermatologic Procedures (**limited to first 40 registrants**)
- 2) 6:00 p.m. – 9:00 p.m. Osteoarthritis vs. Rheumatoid Arthritis: Key Points in the Differential Diagnosis

Friday, October 3, 2008

- Concurrent Session #1 A B C
- Concurrent Session #2 A B C
- Concurrent Session #3 A B C

I will will not be attending the reception/poster session on Friday evening from 5:00 p.m. - 6:00 p.m.

Saturday, October 4, 2008

- Concurrent Session #4 A B C
- Concurrent Session #5 A B C

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CONFERENCE FEES:

- OPTIONAL PRE-CONFERENCE 1** (Thursday 2 p.m. - 5 p.m.) **\$ 85** _____
- OPTIONAL PRE-CONFERENCE 2** (Thursday 6 p.m. - 9 p.m.) **\$ 85** _____

CONFERENCE – FRIDAY AND SATURDAY

- APNO member (dues must be paid by 5/1/08) **\$200** _____
- Non – APNO member **\$275** _____
- Student **\$150** _____
- Poster Presenter **\$ 75** _____
- Late fee (postmarked after 9/2/08) **\$ 50** _____
- Guest fee * _____ **\$ 85** _____

Guest name

TOTAL PARTICIPANT FEES DUE: **\$** _____

* Guests may attend all meals and breaks for a fee of \$85.
 * Guests may attend sessions but will not be provided CEU's without paying appropriate registration fee.
 * Participants who require special accommodations please contact Nicole Harden at conference@apno.net or 417-818-3179

Return completed registration form and full payment to: APNO, PO Box 3216, Springfield, MO 65808

CONFERENCE SESSIONS AND FACULTY

THURSDAY, OCTOBER 2, 2008

OPTIONAL PRE-CONFERENCE 1 (Total contact hours 3.0)

Common Dermatologic Procedures ***Limited to the first 40 registrants***

Speaker: Wendy Wright, MS, RN, ARNP, FNP, FAANP
Amherst, New Hampshire

Summary: This workshop will provide the APRN with an explanation of dermatologic procedures commonly used in a clinic setting with an opportunity to practice these skills.

OPTIONAL PRE-CONFERENCE 2 (Total contact hours 3.0)

Osteoarthritis vs. Rheumatoid Arthritis: Key Points in the Differential Diagnosis

Speaker: Anne Winkler, MD, PhD, MACP
Springfield, Missouri

Summary: A discussion of rheumatoid and osteoarthritis including recognizing the symptoms, identifying appropriate therapies, and a demonstration of physical exam techniques, followed by participants' practice of these techniques.

FRIDAY, OCTOBER 3, 2008

GENERAL SESSION (Total contact hours 1.2)

Living in Balance: Strategies for Optimal Living

Speaker: Tieraona Lowdog, MD, Director of Fellowship in Integrative Medicine, Clinical Assistant Professor,
Department of Medicine,
Tucson, Arizona

Summary: A discussion of lifestyle and nutritional interventions, as well as mind-body techniques, which will be useful for the APRN to enhance patient and personal wellness.

GENERAL SESSION (Total contact hours 1.2)

Negotiating Contracts, Salaries and Practice Agreements

Speaker: Wendy Wright, MS, RN, ARNP, FNP, FAANP
Amherst, New Hampshire

Summary: This session will provide the APRN with practical tips and recommend strategies to help maximize positive outcomes when negotiating contracts and/or practice agreements.

CONCURRENT SESSION #1 (Total contact hours 1.2)

A. The Basics of Chronic Non-Cancer Pain Management

Speaker: James Toombs, MD, Staff Physician Pain Medicine/Primary Care
Columbia, Missouri

Summary: A discussion of the evaluation and pharmacologic treatment of patients with chronic, non-cancer pain, and indications for urgent referrals.

B. Evaluation and Management of the Limping Child

Speaker: Anne Stuedemann, RN, MSN, CPNP, Orthopaedic Surgery
Kansas City, Missouri

Summary: This presentation will discuss the differential diagnosis of common limping disorders in toddlers, school age children and adolescents, including exam findings and gait analysis.

C. Herbal and Dietary Therapies in Women's Health

Speaker: Tieraona Lowdog, MD, Director of the Fellowship in Integrative Medicine, Clinical Assistant Professor,
Department of Medicine
Tucson, Arizona

Summary: A discussion of the safety and benefits of herbs and dietary supplements in pregnancy, lactation, menstruation, and menopause.

CONCURRENT SESSION #2 (Total contact hours 1.2)

A. Evidence-Based Approach to Alternative/Complimentary Therapies in Mental Health

Speaker: Tieraona Lowdog, MD, Director of the Fellowship in Integrative Medicine, Clinical Assistant Professor,
Department of Medicine
Tucson, Arizona

Summary: An evidence-based discussion of mind-body practices, herbals and dietary supplements in select patients with mental health diagnoses.

B. Medical Nutrition Therapy in Diabetes for the Primary Care Provider

Speaker: Paula Maize, MSN, FNP-C, Faculty Nurse Practitioner Cox Family Medicine Residency
Springfield, Missouri

Summary: This session will focus on strategies for teaching and empowering patients to prevent or control Type 2 diabetes through medical nutrition therapy.

C. Childhood Obesity and Pulmonary Health

Speaker: John Carlile, MD, Pediatric Specialty Clinic
Springfield, Missouri

Summary: A discussion of the health consequences of the obesity epidemic to the individual pediatric patient, with an emphasis on lung function and a discussion of the societal impact of this epidemic as well.

CONCURRENT SESSION # 3 (Total contact hours 1.2)

A. Coronary Artery Disease In Women

Speaker: Wendy Wright, MS, RN, ARNP, FNP, FAANP
Amherst, New Hampshire

Summary: This case-study based presentation will focus on epidemiology, recognition, diagnosis and unique management issues of women at risk for coronary artery disease.

B. Chronic Kidney Disease: An Overview

Speaker: LaVonne Burrows, APRN, BC, CNN, Springfield Nephrology Associates
Springfield, Missouri

Summary: This session will help the APRN identify patients who have or are at risk for chronic kidney disease, and discuss prevention and management of complications and co-morbidities.

C. The Spectrum of Neuromuscular Disorders in Children and Adolescents

Speaker: Bernardo Flasterstein, MD, St. John's Physicians and Clinics
Springfield, Missouri

Summary: This session is designed to help the APRN recognize the presentation of muscle, nerve and central nervous conditions as they occur at different ages in pediatric patients.

SATURDAY, OCTOBER 4, 2008

CONCURRENT SESSION #4 (Total contact hours 1.2)

A. Evaluation of Vomiting in Children: the Differential Diagnosis

Speaker: Kathy Menown, BSN, MSN, PNP, Children's Mercy Hospital
Kansas City, Missouri

Summary: This session will focus on the evaluation and management of vomiting disorders in children, including reflux, milk protein allergy, or more acute vomiting episodes.

B. The Continuing Challenge of MRSA

Speaker: William Sistrunk, MD, St. John's Clinic, Infectious Disease
Springfield, Missouri

Summary: A discussion of current topics and trends in both hospital and community acquired MRSA.

C. Planning for Safety: Strategies for Addressing the Needs of Victims of Interpersonal Violence

Speaker: Sue Kendig, JD, MSN, RN, WHNP-BC, FAANP, University of Missouri-St. Louis, College of Nursing
St. Louis, Missouri

Summary: This session will discuss strategies for identifying those at risk for interpersonal violence and interventions which may enhance their safety.

CONCURRENT SESSION #5 (Total contact hours 1.2)

A. Ethical Issues in Dementia

Speaker: Peter Browning, PhD in Divinity, Drury University
Springfield, Missouri

Summary: A comprehensive discussion of ethical issues in dementia, from diagnosis through early, middle and late stages of dementia including end of life issues.

B. Alcoholism and Substance Abuse in Children and Adolescents

Speaker: Kyle John, MD, Child and Adolescent Psychiatrist
Springfield, Missouri

Summary: This session will discuss the typical steps in evaluating children and teens suspected of substance abuse, identify appropriate DSM-IVTR diagnoses, and discuss current treatment recommendations.

C. ASCUS About the New Pap Smear Guidelines

Speaker: Christina Litherland, MD, St. John's Clinic OB-GYN
Springfield, Missouri

Summary: This session will focus on identifying appropriate candidates for pap smear testing, recommended screening intervals, and discuss pathology results which require follow-up, including recommendations for appropriate follow-up testing and/or referral.

GENERAL SESSION (Total contact hours 1.2)

Influenza Update 2008

Speaker: Donna Weaver, RN, MN, Nurse Educator, Centers for Disease Control
Atlanta, Georgia

Summary: A discussion of the development of influenza vaccine, different types of vaccines, and updated recommendations from the CDC for the 2008-2009 season.